

Are you a young person with caring responsibilities for somebody with dementia?



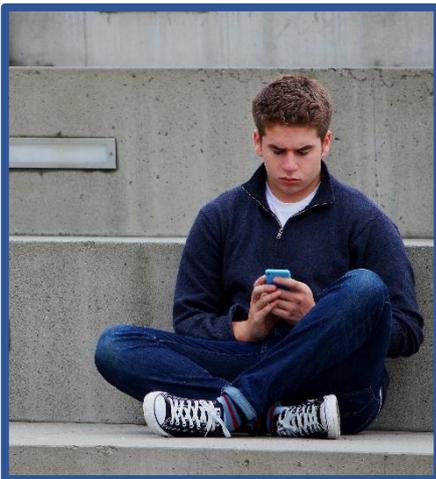
If you are aged 11-17 yrs., you can help us adapt *iSupport* for young dementia carers

What is *iSupport*?

iSupport is an internet-based support package for carers of people with dementia. It includes self-care, problem solving and relaxation techniques. *iSupport* was not designed for younger people who care (or help to care) for a family member with dementia.

What would I be doing?

You would have access to *iSupport* so that you can have a go at using it. We would then ask you to give us your opinion on how it can be adapted to best support young people in a similar situation to yours.



To find out more please contact:

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